



Dear Parents,

I hope you are safe and well. I have been very impressed with all the hard work that our children are putting in to their home learning activities. It is clear that they are being well supported by you, and I thank you for your support. Children in school have settled in very well, and I am sure that many of you (like myself) will be wondering what the next Government announcement will say on the topic of children returning to school fully. In the meantime, there are many things that we are organising in school in preparation for the children to return. I, along with the staff are missing the children and it was lovely to see so many happy faces in the home learning sessions this week.






Hopefully, your child/ren will have had chance to watch the headteacher video link gospel assembly on BGF.L. (My computing skills have certainly improved during lockdown but we are working on ways of bringing the Gospel to life even further in weeks to come!). Let's remember that faith can strengthen and guide us and this week's announcement from Cardinal Vincent Nichols about Collective Acts of Worship resuming in the Catholic Church is great news! Despite not being able to receive the Body of Christ in Mass as we normally would, we are living and breathing our faith at every opportunity, and more than ever Jesus is present in our school and our community. I have witnessed many acts of faith in school and out of school. St. Mark's is certainly a community that **"Proudly and joyfully, loves, lives and learns together!"**

Emotional Wellbeing Questionnaire

Thank you to all of you who completed our online questionnaire in relation to your child's wellbeing. We had 35 responses in total and here are the results:

1. How concerned are you about your child/children's emotional wellbeing?





[More Details](#)

 Very concerned	3
 Somewhat concerned	11
 Neither concerned nor uncon...	12
 Somewhat unconcerned	6
 Very unconcerned	3



2. What do you feel has been the biggest factor that has contributed to your child/ren's state of emotional wellbeing?

[More Details](#)

 Lockdown - dramatic change i...	20
 Worried about Covid-19	4
 Not being able to attend school	10
 Other	1



3. Do you feel that lack of social interaction has contributed to your child's emotional wellbeing?

[More Details](#)

Yes	9
No	6
A little	19
Unsure	1



4. Do you feel Lockdown and the dramatic change in lifestyle has impacted negatively on your own emotional wellbeing?

[More Details](#)

Yes	7
No	8
At times	20



6. Have you accessed any support already for your child/ren's emotional wellbeing?

[More Details](#)

Yes	2
No	32
Prefer not to say	1



7. Would you like any further support with you child's emotional wellbeing?

[More Details](#)

Yes	1
No	17
Not now, but maybe in the fut...	17



Summary

We can see that many children have been affected by Lockdown in some way and the challenges it has brought along with it. Around 50% of you would like some support with managing your child's emotional wellbeing in the future. As a school we are looking in to ways of how we can best provide this support and our feeling is that we want to be proactive instead of reactive. If you feel your child is fine now but things

may change in the future, accessing support now will not only support you and give you confidence but it will also support your child. Below are some useful websites you can access in the meantime.

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

WWW.FORWARDTHINKINGBIRMINGHAM.ORG.UK

ForwardThinking
Birmingham 

www.minded.org.uk



Prayer for the week

Lord help me
to remember
that nothing
is going to happen
to me today
that You and I
together can't handle.
Amen.



APPEAL

Any volunteers feeling green???

To support our children's wellbeing during Covid-19, we would like to create a **school wellbeing garden**. We have some planters already in place but it would be great if some volunteers could help us to create something a little more special. We would like a place for the children to enjoy. Being outdoors has proven to support children's wellbeing. I understand that many people have been affected by Covid-19, if you are one of those people and would like to support us by spreading a little kindness, we would greatly appreciate your help! Please pass the message on to anyone who you feel might be interested (with a gentle nudge) and contact Mrs. Linley on 0121 357 9892.

Have a good weekend, stay safe and God Bless

Mrs. Linley and the St. Mark's Team

